



Welcome to Consciously Nutritious!

Hello!

We are super excited to have you on board with us as we embark on this journey! Before we get going, there are a few things that each individual needs to set up in order to get the optimal experience. Each step is imperative and we will walk you through all of them...

Here is a quick video tutorial that will teach you to navigate the program with success:

<https://youtu.be/3o8BayOS3o4>

Membership Access:

Visit the link below to set up your account and password for the members area in Consciously Nutritious.

<https://consciously.clickfunnels.com/membership-area17946719/c4df4eda758>

Consciously.org:

Use the 'members' tab at Consciously.org to gain access to the clickfunnels members area for Consciously Nutritious. Enter your password to gain access to the class material.

The Members area will give you immediate access to the pre program material and instructions as how to make your way through those. As each week progresses, a watch the next class which will have new information and continued guidance through the program.

Telegram:

All of our community interaction will be in Telegram. This will be a place where we will talk, ask questions, and interact. First you need to download the telegram app at [web.telegram.org](http://web.telegram.org).

Then you need to request access to your group 'Consciously Nutritious' here:

<https://t.me/joinchat/GMesw1KVcebqmNBBqKF4tg>

Please introduce yourself so we can meet everyone!

Remember that you get out of life what you put into it. This is a great opportunity to take control of your life for the rest of your life. Please reach out if you have any questions and we are excited to have you on board!

Consciously,

Harry & Melanie

Founders of Consciously

<https://consciously.org/>

