



CONSCIOUSLY VOLUNTEERING

CHECKLIST:

- Complete the questionnaire
- Create a motto if you want to
- Narrow down your choices
- Make some calls (take notes)
- Impact your community!

QUESTIONS:

Take your time with these. They are here for you and you alone. You do not need to share them, they are simply things to think about that may help guide you in your volunteer efforts.

What issues are important to me?

What am I passionate about?

Do I like to work with people, animals, or the environment?

What kind of x do I like to work with? (ex. If you like to work with kids, young kids or older kids? Girls or boys? Academic or sporty? Etc.)

How much time or money could I devote?

What do I hope to contribute to this cause?

What do I hope to gain from this experience?

MOTTO:

A lot of people have a motto. It is their saying that keeps them on track. If you don't have one yet, maybe you can look some things up, or think about one that may work for you.

Motto idea 1: _____

Motto idea 2: _____

Motto idea 3: _____

MY TOP CHOICES:

List out the places you think would work for you and write down their information, so you can come back to it later if you need too.

#1 Organization: _____

Website: _____

Phone Number: _____

#2 Organization: _____

Website: _____

Phone Number: _____

#3 Organization: _____

Website: _____

Phone Number: _____

#4 Organization: _____

Website: _____

Phone Number: _____

CALL LOG:

Make a few phone calls to find out more about the organizations you picked and what kind of work you could do with them. It may also be helpful to look at their websites first so you already have a good idea of what they do, and have more prepared questions to ask. Many organizations will have applications to fill out before you can volunteer that are available on their website. You can even make a quick list of conversation topics so you don't forget anything!

Some notes on phone calls- Always take notes of who you are talking to and when. Introduce yourself! Your attitude comes through your voice, if you in bed in pajamas it will come through the phone, so will you sitting at your desk dressed for the day with a smile on!

#1 Date & Time: _____
Organization: _____
Who: _____
Things to ask: _____

Notes: _____

#2 Date & Time: _____
Organization: _____
Who: _____
Things to ask: _____

Notes: _____

#3 Date & Time: _____
Organization: _____
Who: _____
Things to ask: _____

